

# LET'S LEARN

## GHB

### WHAT IS IT

a central nervous system depressant, **+** a drug with illicit uses. occurs naturally in the body.



### WHY NOW



GHB use in recreational settings:  $\uparrow$  300% in 3 years  
LGBTQ+ individuals: ~10x more likely to use GHB in party contexts

### WHY IS IT USED AS A RAPE DRUG

undetectable in drinks.



rapid metabolism = no detection.



**symptoms:** loss of consciousness, amnesia and physical incapacitation.

## WHEN TO REPORT

0h      12h      18h      24h      72h+      2-3 weeks



Victim Drugged

GHB Detectable

Evidence Fades

Confused Victim

Delayed Disclosure

“THE SOONER, THE BETTER”



Toxicology = Negative



# Delayed Reporting

LEADS TO NON-EXISTENT CASES

“In theory they are reported. But as has been proven... they do not exist.” – *Police Officer*

“No one teaches you what GHB is.” – *Psychiatrist*

“Hospitals are a lottery... it depends who you get.” – *Chemsex Expert*

“Medical training includes nothing specific about sexual violence” - *Psychiatrist*

“Services (hospitals & rehabs) are for straight people using alcohol or heroin.” – *Chemsex Expert*

“We tried putting up a poster (for GHB)... (venues) said, ‘If we put it up, it will look like this happens here’” - *Activist*

## COUNTRY



THE STATEMENTS ARE FROM GREECE AND THEY ARE REPRESENTATIVE AND INTENDED TO RAISE AWARENESS.



## CONTACT & INFO POINTS



**SOS Greek HELPLINE 15900**  
for Women Victims of Violence (24/7)



NGO specializing in gender and equality issues.

**Δ/ΟΤΙΜΑ**



11528  
ΔΙΠΛΑ ΣΟΥ

**Helpline for LGBTQ+ 11528 – BY YOUR SIDE**  
(Monday to Friday, 10:00 a.m. to 6:00 p.m.)



NGO specializing in harm-reduction services across nightlife environments.

**Generation Active**

